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WUAP EUROPEAN CHAMPIONSHIP

Powerlifting & Benchpress & Deadlift

**RAW and EQUIPPED**

**11.june – 15.june 2024**

**CITY SPORTS HALL**

**Rybníkova 576/15, Trnava/SLOVAKIA**



**Organizer:**

World United Amateur Powerlifting (WUAP),

AWPC-Slovakia

**Promoter:**

Rudolf Siska Mail: rudo.siska@gmail.com

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Facebook: Rudolf Siska

**Rules:**

The European Championschip is organised and will be held by the WUAP rules, Level 1.1.2023.

These rules are available on the official site of WUAP: www.wuap-powerlifting.com

**Lifting Schedule:**

**Tuesday, 11.06.2024**

09:00 - Opening ceremony

09:30 Start - RAW powerlifting - men - Teen & Junior

**Wednesday, 12.06.2024**

09:00 Start - RAW powerlifting - women's - all categories

- RAW powerlifting - men - Masters

**Thursday, 13.06.2024**

09:00 Start - RAW powerlifting - men - Open

- EQ Powerlifting - all competitors (men & women)

**Friday, 14.06.2024**

09:00 Start - RAW benchpress - all competitors (men & women)

**Saturday, 15.06.2024**

09:00 Start - EQ benchpress - all competitors (men & women)

- F8 benchpress - all competitors (men & women)

- RAW deadlift - all competitors (men & women)

- EQ deadlift - all competitors (men & women)

Daily starting lists and division of groups will be published on the day of the competition after 08:00, after the weighing.

Competitors start in the appropriate category - according to the valid ID.

**Important!!!**

The schedule of competitions and weigh-in times is provisional and may change as applications are received. The organizer reserves the right to update the championship program after the application deadline.

Necessary changes will be announced on the WUAP website and Facebook.

Each starter is responsible for informing himself about possible changes to competition times after the registration deadline.

**Weight-in Schedule:**

**Monday, 10.06.2024**

15:00 – 19:00 (for Tuesday competitor)

**Tuesday, 11.06.2024**

06:30 – 08:00 (for Tuesday competitors)

15:00 – 19:00 (for Wednesday competitor)

**Wednesday, 12.06.2024**

06:30 – 08:00 (for Wednesday competitors)

15:00 – 19:00 (for Thursday competitors)

**Thursday, 13.06.2024**

06:30 – 08:00 (for Thursday competitors)

15:00 – 19:00 (for Friday competitors)

**Friday, 14.06.2024**

06:30 – 08:00 (for Friday competitors)

15:00 – 19:00 (for Saturday competitors)

**Saturday, 15.06.2024**

06:30 – 08:00 (for Saturday competitors)



**Entry fee:**

***First event:***

75 € Open & Master,

50 € Teens & Junior

***Additional event:***

50 € /event Open & Master,

35 € /event, Teens & Junior

**Entryform:**

**ATTENTION!!!**

**REGISTRATION FORM FOR ALL ATHLETES WHOSE COUNTRIES ARE NOT MEMBERS OF THE WUAP:**

Individual form: …………………………………………

**​**

**REGISTRATIONS FOR ALL ATHLETES OUT:**

Austria, Germany, Slovakia, Czech Republic, Hungary, Poland, Switzerland, Italy, Croatia, Russia, Montenegro, Slovenia, Latvia, Ukraine, Bosnia and Herzegovina, Armenia, Serbia

**ARE ONLY POSSIBLE VIA THEIR RESPECTIVE NATIONAL REPRESENTATIONS.**

Team form: .....................................................

**INDIVIDUAL ENTRIES FROM THESE COUNTRIES ARE NOT ALLOWED AND WILL BE REJECTED!**

***Deadline for the entry forms and fees: 10.May 2024***

*After 10.05.2024 no late entrys will be acceptet!*

All lifters must pay their entry fees to their national federation.

The national federation is responsible for submitting the team list and team payment by the closing date.

All entry fees must be paid in Euro for this event.

**Information for the bank transfer of the entry fee:**

**Account name:** Matúš Albert

**Bank:** Fio banka

**BIC Code:** FIOZSKBAXXX

**IBAN:**  SK95 8330 0000 0024 0277 2870

**Information about parking in the city of Trnava and around the sports hall:**

Last year, the parking policy in the city of Trnava was changed.

It is no longer possible to park for free anywhere. The city is divided into zones, which are charged according to whether the zone is in the center, near the center, or outside the center - in residential areas.

Parking tickets can be purchased from machines (coins - payment card) or via the application.

The zones are constantly controlled by the city police!

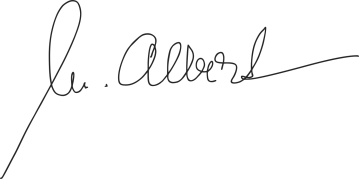
Please be vigilant to avoid unnecessary fines :)

**Information about accommodation:**

Accommodation capacity in the city of Trnava is more than 500 beds. Other accommodation options are in nearby towns and villages near Trnava.

You can also find information about affordable accommodation on the website of the city of Trnava, which also contains other useful information about transport, parking as well as about cultural monuments and gastronomic establishments

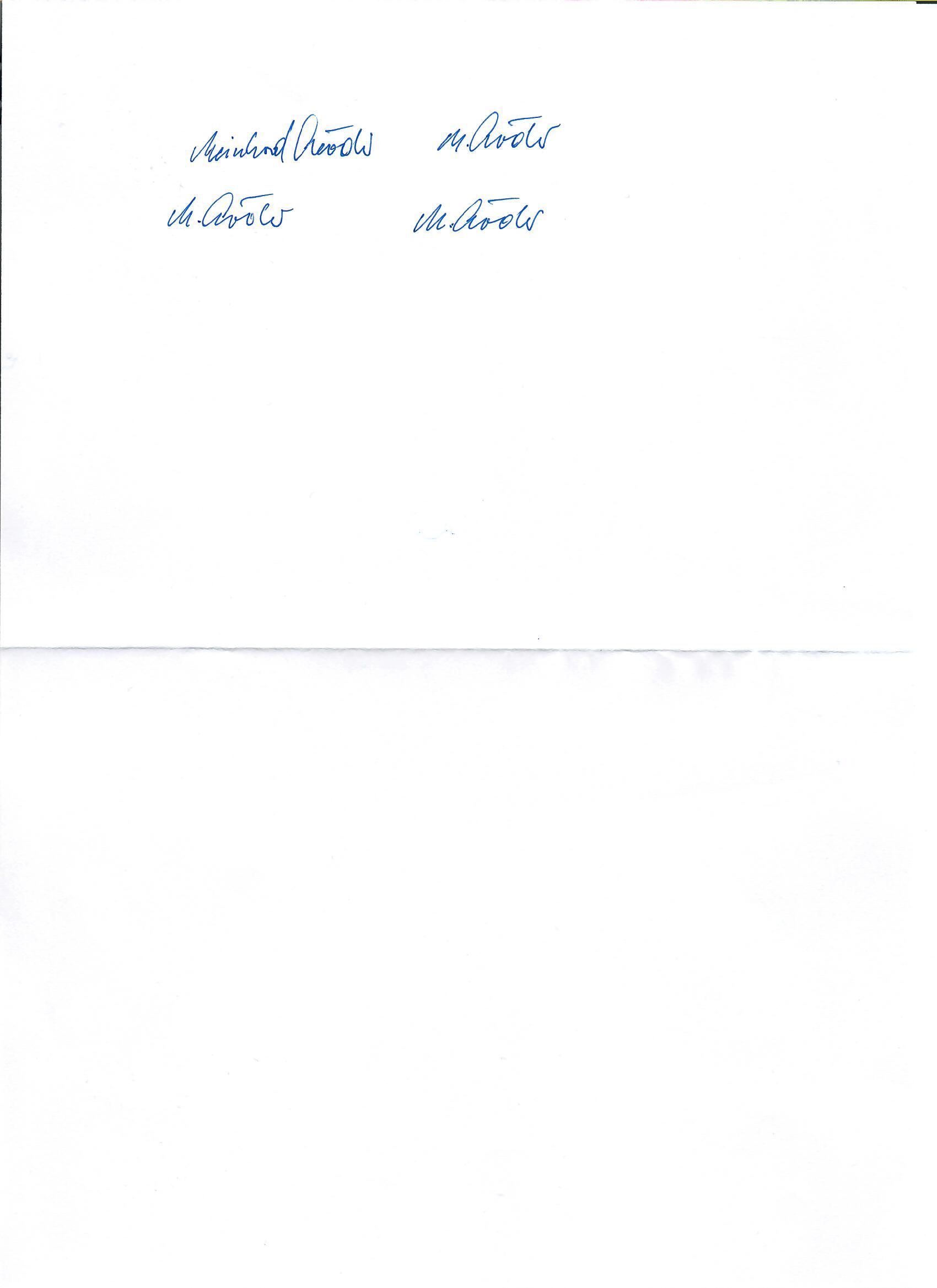
https://www.vitajtevtrnave.sk/en/accommodation/1?search=true

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Rudolf Siska Matúš Albert

promoter AWPC-Slovakia president





Franz Seewald Meinhard Schröder

WUAP vice president WUAP vice president

Approved in Trnava, 20.01.2024