

WUAP Deutsche Rekorde
Bankdrücken RAW
Männer und Frauen

| Männer | Open | Jugend | Junioren | M1 40-49 | M2 50-59 | M3 60-69 | M4 70-74 | M5 75+ |
|--------|-------|--------|----------|----------|----------|----------|----------|--------|
| 67,5kg | 0,0 | 0,0 | 100,0 | 0,0 | 112,5 | 130,5 | 0,0 | 95,0 |
| 82,5kg | 170,0 | 130,0 | 155,0 | 137,5 | 160,0 | 131,0 | 115,0 | 70,0 |
| 95kg | 195,0 | 142,5 | 150,0 | 177,5 | 155,0 | 160,0 | 155,0 | 140,0 |
| 110kg | 241,0 | 132,5 | 162,5 | 245,0 | 180,0 | 187,5 | 163,0 | 90,0 |
| 125kg | 270,0 | 0,0 | 195,0 | 205,0 | 192,5 | 170,0 | 0,0 | 0,0 |
| +125kg | 260,0 | 0,0 | 0,0 | 255,0 | 170,0 | 0,0 | 0,0 | 0,0 |

| Frauen | Open | Jugend | Junioren | M1 40-49 | M2 50-59 | M3 60-69 | M4 70-74 | M5 75+ |
|---------|-------|--------|----------|----------|----------|----------|----------|--------|
| 52kg | 52,5 | 50,0 | 45,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| 60kg | 102,5 | 35,0 | 32,5 | 55,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| 67,5kg | 130,0 | 52,5 | 50,0 | 127,5 | 0,0 | 40,0 | 0,0 | 0,0 |
| 82,5kg | 135,0 | 60,0 | 90,0 | 100,0 | 97,5 | 0,0 | 0,0 | 0,0 |
| +82,5kg | 155,0 | 0,0 | 97,5 | 95,0 | 0,0 | 0,0 | 0,0 | 0,0 |

| Männer | Open | | |
|--------|-------|------------------|-----------|
| 67,5kg | | | |
| 82,5kg | 170,0 | Andreas Donath | IDM 2024 |
| 95kg | 195,0 | Axel Kujat | WUAP WM23 |
| 110kg | 241,0 | Felix Natzschka | IDM 2024 |
| 125kg | 270,0 | Burak Kacar | IDM 2023 |
| +125kg | 260,0 | Keamo Schultheis | IDM 2024 |

| Männer | Jugend | | |
|--------|--------|------------------|----------|
| 67,5kg | | | |
| 82,5kg | 130,0 | Nils Klatt | IDM 2024 |
| 95kg | 142,5 | Hendrik Moldt | IDM 2023 |
| 110kg | 132,5 | Johannes Fiedler | IDM 2023 |
| 125kg | | | |
| +125kg | | | |

| Männer | Junioren | | |
|--------|----------|--------------------|-----------|
| 67,5kg | 100,0 | Till-Corvin Klösel | WUAP WM23 |
| 82,5kg | 155,0 | Dennis Runge | WUAP WM23 |
| 95kg | 150,0 | Arne Becker | IDM 2023 |
| 110kg | 162,5 | Matthias Schuster | IDM 2023 |
| 125kg | 195,0 | Nikita Galenko | IDM 2023 |
| +125kg | | | |

| Männer | M1 40-49 | | |
|--------|----------|-------------------|----------|
| 67,5kg | | | |
| 82,5kg | 137,5 | Uwe Benik | IDM 2024 |
| 95kg | 177,5 | Jeffrey Podzuweit | IDM 2023 |
| 110kg | 245,0 | Jan Habart | IDM 2024 |
| 125kg | 205,0 | Stefan Fekken | IDM 2024 |
| +125kg | 255,0 | Kevin Koch | IDM 2024 |

| Männer | M2 50-59 | | |
|--------|----------|----------------------|-----------|
| 67,5kg | 112,5 | Mirko Jaedke-Schulze | WUAP EM24 |
| 82,5kg | 160,0 | Michael Schmidt | IDM 2023 |
| 95kg | 155,0 | Michael Schmidt | IDM 2024 |
| 110kg | 180,0 | Frank Schütze | IDM 2023 |
| 125kg | 192,5 | Timo Schütt | WUAP WM23 |
| +125kg | 170,0 | Reiko Kruse | IDM 2024 |

| Männer | M3 60-69 | | |
|--------|----------|--------------------------|-----------|
| 67,5kg | 130,5 | Th. Graf von Falkenstein | WUAP WM23 |
| 82,5kg | 131,0 | Dr. A. Günther | IDM 2024 |
| 95kg | 160,0 | Ralf Hübel | WUAP WM23 |
| 110kg | 187,5 | Frank Schütze | WUAP WM23 |
| 125kg | 170,0 | Michael Harke | IDM 2024 |
| +125kg | | | |

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| Männer | M4 70-74 | | |
|--------|----------|----------------|----------|
| 67,5kg | | | |
| 82,5kg | 115,0 | Gerd Müller | IDM 2024 |
| 95kg | 155,0 | Kurt Schoula | IDM 2024 |
| 110kg | 163,0 | Helmut Reimann | IDM 2024 |
| 125kg | | | |
| +125kg | | | |

| Frauen | Open | | |
|---------|-------|-----------------|-----------|
| 52kg | 52,5 | Silvia Schmidt | IDM 2023 |
| 60kg | 102,5 | Marina Schermer | IDM 2024 |
| 67,5kg | 130,0 | Nicole Kegler | IDM 2024 |
| 82,5kg | 135,0 | Nicole Kegler | WUAP WM23 |
| +82,5kg | 155,0 | Sabine Allner | IDM 2024 |

| Frauen | M1 40-49 | | |
|---------|----------|----------------|-----------|
| 52kg | | | |
| 60kg | 55,0 | Silvia Schmidt | IDM 2024 |
| 67,5kg | 127,5 | Nicole Kegler | IDM 2023 |
| 82,5kg | 100,0 | Andrea Siebert | WUAP WM23 |
| +82,5kg | 95,0 | Claudia Busse | IDM 2024 |

| Frauen | M4 70-74 | | |
|---------|----------|--|--|
| 52kg | | | |
| 60kg | | | |
| 67,5kg | | | |
| 82,5kg | | | |
| +82,5kg | | | |

| Männer | M5 75+ | | |
|--------|--------|-----------------------|----------|
| 67,5kg | 95,0 | Hans Klein | IDM 2024 |
| 82,5kg | 70,0 | Dr. W. Jacobi | IDM 2024 |
| 95kg | 140,0 | Albert Olomek | IDM 2024 |
| 110kg | 90,0 | Dr. Heiner Schildbach | IDM 2023 |
| 125kg | | | |
| +125kg | | | |

| Frauen | Jugend | | |
|---------|--------|-----------------|----------|
| 52kg | 50,0 | Lilith Schmidt | IDM 2024 |
| 60kg | 35,0 | Sonja Böttger | IDM 2023 |
| 67,5kg | 52,5 | Annika Grund | IDM 2024 |
| 82,5kg | 60,0 | Hannah Penndorf | IDM 2024 |
| +82,5kg | | | |

| Frauen | M2 50-59 | | |
|---------|----------|-------------|----------|
| 52kg | | | |
| 60kg | | | |
| 67,5kg | | | |
| 82,5kg | 97,5 | Katrin Ribb | IDM 2024 |
| +82,5kg | | | |

| Frauen | M5 75+ | | |
|---------|--------|--|--|
| 52kg | | | |
| 60kg | | | |
| 67,5kg | | | |
| 82,5kg | | | |
| +82,5kg | | | |

| Frauen | Junioren | | |
|---------|----------|-------------------|-----------|
| 52kg | 45,0 | Theresa Rühle | IDM 2023 |
| 60kg | 32,5 | Sonja Böttger | IDM 2024 |
| 67,5kg | 50,0 | Sophie Wendt | IDM 2024 |
| 82,5kg | 90,0 | Laura S. Drescher | IDM 2024 |
| +82,5kg | 97,5 | Jennifer Maluck | WUAP EM23 |

| Frauen | M3 60-69 | | |
|---------|----------|-----------------|----------|
| 52kg | | | |
| 60kg | | | |
| 67,5kg | 40,0 | Brigitte Maczka | GPC EM24 |
| 82,5kg | | | |
| +82,5kg | | | |