



## WUAP World Records - RAW Benchpress - Men and Women



	Open	T16-17	T18-19	JUNIOR	SUB	M40-44	M45-49	M50-54	M55-59	M60-64	M65-69	M70-74	M75-79	M80+
<b>Mens</b>														
<b>56kg</b>	140,0	90,0	0,0	132,5	120,0	0,0	90,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
<b>60kg</b>	146,0	95,0	112,5	110,0	127,5	0,0	85,0	96,0	0,0	120,0	0,0	0,0	0,0	0,0
<b>67.5kg</b>	195,0	150,0	127,5	132,5	130,0	140,0	142,5	130,0	135,0	112,5	120,0	82,5	100,0	85,0
<b>75kg</b>	190,0	135,0	172,5	190,0	140,0	167,5	167,5	130,0	140,0	137,5	115,0	122,5	105,0	102,5
<b>82.5kg</b>	232,5	145,0	171,0	186,0	177,5	195,0	180,5	173,5	161,0	147,5	135,0	132,5	120,0	77,5
<b>90kg</b>	230,0	147,5	170,0	200,0	210,0	191,0	222,5	220,0	165,0	177,5	157,0	140,0	40,0	0,0
<b>100kg</b>	238,0	160,0	200,0	215,0	215,0	238,0	210,5	195,0	187,5	175,0	160,0	143,5	108,0	0,0
<b>110kg</b>	270,0	190,0	205,0	220,0	230,0	240,0	220,0	215,0	192,5	162,5	157,5	116,0	0,0	0,0
<b>125kg</b>	255,5	125,0	192,5	240,0	248,0	235,0	220,0	210,0	190,5	180,0	160,0	110,0	125,0	0,0
<b>140kg</b>	280,5	215,0	220,0	215,0	252,5	250,0	280,0	245,0	230,0	160,0	115,0	0,0	0,0	0,0
<b>140+kg</b>	290,0	0,0	0,0	160,0	235,0	280,0	267,5	260,0	200,0	0,0	0,0	0,0	0,0	0,0

<b>Womens</b>														
<b>48 kg</b>	50,0	0,0	0,0	0,0	0,0	0,0	0,0	50,0	0,0	0,0	0,0	0,0	0,0	0,0
<b>52 kg</b>	90,0	62,5	47,5	40,0	0,0	82,5	82,5	0,0	0,0	55,0	57,5	0,0	0,0	0,0
<b>56 kg</b>	110,0	60,0	75,0	60,0	65,0	0,0	62,5	35,0	0,0	0,0	56,0	0,0	0,0	0,0
<b>60 kg</b>	120,0	60,0	95,0	72,5	95,0	80,0	92,5	65,0	55,0	37,5	0,0	0,0	0,0	0,0
<b>67.5 kg</b>	130,5	65,0	70,0	85,0	101,0	130,5	105,0	82,5	107,5	105,0	0,0	45,0	0,0	0,0
<b>75 kg</b>	105,0	60,0	50,0	95,0	90,0	85,0	102,5	47,0	0,0	0,0	75,0	0,0	0,0	0,0
<b>82.5 kg</b>	115,0	0,0	0,0	77,5	101,0	95,0	103,0	115,0	77,5	0,0	80,0	0,0	0,0	0,0
<b>90 kg</b>	140,0	60,0	0,0	0,0	0,0	0,0	57,5	110,0	135,5	0,0	0,0	0,0	0,0	0,0
<b>90+ kg</b>	141,5	0,0	0,0	0,0	0,0	87,5	72,5	65,0	0,0	0,0	0,0	0,0	0,0	0,0

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Men	Open			
56 kg	140,0	N. Tunkel	Hun	WM14
60 kg	146,0	P.Jesiak	POL	EM18
67.5 kg	195,0	D. Skrzyński	POL	EM15
75 kg	190,0	J.Chrzanowski	Pol	EM18
82.5 kg	232,5	A.Miksa	POL	EM18
90 kg	230,0	A.Miksa	POL	WM17
100 kg	238,0	J.Habart	GER	EM19
110 kg	270,0	R.Zawadzki	POL	EM18
125 kg	255,5	J.Vdovychenko	UKR	WM17
140 kg	280,5	L. Mészáros	HUN	WM18
140+ kg	290,0	M.Rudzinski	Pol	WM16

Submaster			
120,0	J.Roberson	USA	WM19
127,5	J.Roberson	USA	US17
130,0	L. Simon	Hun	EM16
140,0	E. Gregorcic	Slo	WM14
177,5	J. Podzuweit (PL)	GER	EM15
210,0	P. Szypula	POL	EM15
215,0	S Didvyk	Ukr	EM16
230,0	M.Moro	BiH	WM17
248,0	B.Kachelski	POL	EM18
252,5	P.Hulin	GER	WM17
235,0	M.Muratovic	BIH	WM17

Junior			
132,5	G.Sztanó	HUN	EM18
110,0	K. Ambrus	Hun	EM16
132,5	M. Finnegan	USA	US16
190,0	J.Chrzanowski	Pol	EM18
186,0	P.Duraj	POL	WM17
200,0	D.Rizmayer	HUN	WM17
215,0	D. Budai	HUN	EM15
220,0	A.Gogolinski	POL	WM17
240,0	K. Karosán	Hun	EM16
215,0	M.Viktor	HUN	WM18
160,0	A.Kauffman	USA	US17

Women	Open			
48 kg	50,0	Z. Horváth	Hun	EM16
52 kg	90,0	M.Golob	SLO	EM17
56 kg	110,0	M. Halas	POL	EM15
60 kg	120,0	M.Halas	POL	EM18
67.5 kg	130,5	R. Nagy	Hun	EM16
75 kg	105,0	M.Chachula	POL	EM18
82.5 kg	115,0	S.Sinacheva	RUS	WM18
90 kg	140,0	N.Otter	GER	EM17
90+ kg	141,5	E. Ulveczki	Hun	EM16

Submaster			
65,0	D.Adamkiewicz	Ger	WM16
95,0	N.Kegeler	GER	WM19
101,0	A.Siebert	GER	EM19
90,0	T.Magulova	SVK	WM18
101,0	E. Manzera	Hun	EM16

Junior			
40,0	V. Kanta	Hun	EM16
60,0	Kir.Kurowski	USA	US17
72,5	L. Foss (pl)	USA	AC14
85,0	K.Fecova	SVK	WM19
95,0	M.Zawadzka	POL	EM18
77,5	M. Lachmann	HUN	EM15

# WUAP World Records - RAW Benchpress - Men and Women

Men  
56 kg  
60 kg  
67.5 kg  
75 kg  
82.5 kg  
90 kg  
100 kg  
110 kg  
125 kg  
140 kg  
140+ kg

T16-17			
90,0	T.Huschenbett	GER	WM17
95,0	V.Sereda	UKR	WM18
150,0	L.Kozak	HUN	WM17
135,0	I.Gyuricska	HUN	WM17
145,0	M. Adamove	Svk	WM14
147,5	J. Semlow (PL)	USA	WM15
160,0	N.Biermordt	GER	WM17
190,0	A.Maryška	CZE	WM19
125,0	A.Verboi	HUN	EM17
215,0	L.Gálik	SVK	WM18

T18-19			
112,5	P.Vójcyk	POL	EM18
127,5	V.Kosiuk	UKR	WM18
172,5	J.Chrzanowski	POL	EM17
171,0	A.Perki	HUN	WM17
170,0	O. Fazekas (PL)	HUN	EM15
200,0	O. Fazekas	Hun	EM16
205,0	N.Biermordt	GER	WM19
192,5	B.Bihi	HUN	Wm18
220,0	E. Karacsondi (PL)	Hun	WM14

Women  
48 kg  
52 kg  
56 kg  
60 kg  
67.5 kg  
75 kg  
82.5 kg  
90 kg  
90+ kg

T16-17			
62,5	S. Bartha	Hun	WM16
60,0	V.Kurnat	UKR	US17
60,0	R. Bohus	Hun	EM16
65,0	V. Balla	Hun	EM16
60,0	J.Mis	POL	EM18
60,0	V. Spodniakova	Svk	WM14

T18-19			
47,5	K.Kurowski	USA	WM16
75,0	V.Kurnat	UKR	WM19
95,0	B. Biro	Hun	EM16
70,0	E. Serfozo	Hun	EM16
50,0	L.Chorvátová	SVK	WM18

# WUAP World Records - RAW Benchpress - Men and Women

Men	M40-44			
56 kg				
60 kg				
67.5 kg	140,0	I.Repas	HUN	WM18
75 kg	167,5	N.Hajas	HUN	WM16
82.5 kg	195,0	D.Dumitrache	THAI	WM16
90 kg	191,0	J.Kišš	SVK	WM18
100 kg	238,0	J.Habart	GER	EM19
110 kg	240,0	V.Kuzel	CZE	WM18
125 kg	235,0	C.Henry	USA	USN19
140 kg	250,0	I.Muhić	BIH	WM18
140+ kg	280,0	D.Morjal	USA	USN19

M45-49			
90,0	R. Wick	Ger	WM14
85,0	R. Wick	Ger	WM15
142,5	A.Gray	USA	USN19
168,0	N.Hajos	Hun	WM17
180,5	B.Kropidlowski	POL	WM17
222,5	L. Kupcsik	Hun	EM16
210,5	H.Yazichyan	Pol	WM18
220,0	R.Lucas	Ger	WM16
220,0	M.Gorzedowski	Pol	WM16
280,0	L. Mészáros	HUN	EM15
267,5	L.Dickinson	USA	US18

M50-54			
96,0	M.Jaedtke-Schulze	GER	EM19
130,0	W. Rampler	AUT	WM15
130,0	J.Peska	CZE	WM17
173,5	I.Gyuricska	HUN	WM17
220,0	L.Kupcsik	HUN	WM17
195,0	U.Haase	Ger	WM16
215,0	K.Bożyczko-Jałocha	POL	EM18
210,0	K.Bożyczko-Jałocha	POL	EM19
245,0	T.Moon	USA	WM17
260,0	L.Dickinson	USA	WM19

Women	M40-44			
48 kg				
52 kg	82,5	D.Schopf	HUN	WM18
56 kg				
60 kg	80,0	K.Stasova	SVK	WM18
67.5 kg	130,5	R. Nagy	Hun	EM16
75 kg	85,0	M.Janzer	POL	WM16
82.5 kg	95,0	I. Dvorská	CZE	EM15
90 kg				
90+ kg	87,5	D.Jackson	USA	US17

M45-49			
62,5	I.Egri	HUN	WM18
92,5	P.Anasienicz	POL	WM17
105,0	K.Schindlerné Kis	HUN	WM18
102,5	B. Gordon (pl)	USA	AC14
103,0	K.Ribb	GER	EM19
57,5	A.K. Miegel	Ger	WM14
72,5	S. Hoeffler	USA	US15

M50-54			
50,0	Z. Horváth	Hun	EM16
35,0	E.Szombatova	SVK	WM16
65,0	B. Korkis	Pol	WM16
82,5	J. Burgland (PL)	USA	US15
47,0	D.Schafer	Ger	WM16
115,0	S.Sinacheva	RUS	WM18
110,0	L. Leiblová	CZE	EM15
65,0	K.Puzio	POL	WM17

# WUAP World Records - RAW Benchpress - Men and Women

Men	M55-59			
56 kg				
60 kg				
67.5 kg	135,0	I. Toth	Hun	WM14
75 kg	140,0	U.Herfort	GER	WM18
82.5 kg	161,0	M.Suk	CZE	EM19
90 kg	165,0	F. Kutzsch	Ger	WM14
100 kg	187,5	N.Murray	USA	WM19
110 kg	192,5	J.MacBean	USA	WM19
125 kg	190,5	J.MacBean	USA	US18
140 kg	230,0	T.Moon	USA	WM19
140+ kg	200,0	L.Vass	HUN	WM19

M60-64			
120,0	I.Tóth	HUN	WM18
112,5	A. Kaliński	POL	EM15
137,5	H.Kaule	Ger	WM16
147,5	W. Seiler	Ger	WC14
177,5	R.Krayzel	CZE	WM18
175,0	G.Gapinski	POL	EM18
162,5	I.Eszenyi	HUN	EM19
180,0	M.Peterdi	CH	WM16
160,0	T.Drake	USA	WM19

M65-69			
120,0	J. Dziergwa	Ger	WM14
115,0	R.Dávid	Hun	WM18
135,0	G.Muller	GER	WM17
157,0	I. Paljuk	UKR	EM17
160,0	K.Schoula	GER	WM18
157,5	U.Vetter	GER	WM17
160,0	J.Hakl	CZE	WM17
115,0	R.Rozanski	POL	EM18

Women	M55-59			
48 kg				
52 kg				
56 kg				
60 kg	55,0	J.Kuckelman	USA	US17
67.5 kg	107,5	L. Zankl	Ger	WM14
75 kg				
82.5 kg	77,5	K.Behrends	GER	WM19
90 kg	135,5	L. Leiblova	Cze	EM19
90+ kg				

M60-64			
55,0	I.Kaule	Ger	WM16
37,5	K. Baranovicova	SVK	EM17
105,0	F. Kosztin	Hun	EM16

M65-69			
57,5	I.Kalle	GER	WM18
56,0	S. Sack	Ger	WM16
75,0	U. Eulenstein	Ger	WM14
80,0	U. Eulenstein	Ger	WM16

# WUAP World Records - RAW Benchpress - Men and Women

Men	M70-74			
56 kg				
60 kg				
67.5 kg	82,5	A.Vigh	GER	WM17
75 kg	122,5	R.Sack	GER	EM17
82.5 kg	132,5	E. Angstrom	USA	AC14
90 kg	140,0	A. Stolz	Aut	WM14
100 kg	143,5	M.Orlowski	POL	WM18
110 kg	116,0	M.Juriš	SVK	WM18
125 kg	110,0	H. Kuhlmeiy	GER	EM15
140 kg				
140+ kg				

M75-79				
	100,0	H.Klein	Ger	WM16
	105,0	G. Lindas	USA	AC14
	120,0	L.Kollár	SVK	WM18
	40,0	J. Hagymasi	Hun	EM16
	108,0	H.Dosin	GER	WM18
	125,0	H.Kuklmey	GER	WM18

M80+				
	85,0	E.Trichlin	AUT	EM19
	102,5	G.Lindas	USA	US17
	77,5	Dr.C. Keszthelyi	Hun	WM16

Women	M70-74			
48 kg				
52 kg				
56 kg				
60 kg				
67.5 kg	45,0	I.Cedel	GER	WM17
75 kg				
82.5 kg				
90 kg				
90+ kg				

M75-79			

M80+			