

<b>GPC European Championships 2024 – Trutnov, Czech Republic</b>			
<b>Lifting Schedule</b>			
<b>Day</b>	<b>Date</b>	<b>Discipline</b>	<b>Category</b>
Wednesday	15/05/2024	Powerlifting RAW	All Women
		Powerlifting RAW	Men Masters
Thursday	16/05/2024	Powerlifting RAW	Men Teens
		Powerlifting RAW	Men Juniors
		Powerlifting EQ	All lifters
Friday	17/05/2024	Powerlifting RAW	Men Open
		Squat RAW	All lifters
		Squat EQ	All lifters
Saturday	18/05/2024	Benchpress RAW	All lifters
		Benchpress EQ	All lifters
		Benchpress F8	All lifters
Sunday	19/05/2024	Deadlift RAW	All lifters
		Deadlift EQ	All lifters
		Biceps Curl	All lifters

